

197KM Thurles to Knock Walk in aid of Mary's Meals 7th - 15th August					
<i>Date</i>	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>FinishTime</i>	<i>Distance</i>
Day 1 - Thurles - Templemore (Distance - 22km)					
Friday, 7th August	Cathedral of the Assumption, Thurles	Templemore Arms Hotel	09:00	16:00	22
Day 2 - Templemore - Roscrea (Distance - 23km)					
Saturday, 8th August	Templemore Arms Hotel	Roscrea Town - St. Cronan's Church	09:00	16:00	23.0
Day 3 - Roscrea - Birr (Distance - 21km)					
Sunday, 9th August	Roscrea Town - St Cronan's Church	Birr Town - St Brendan's Church	09:00	15:30	21.0
Day 4 - Birr - Ferbane (Distance - 22km)					
Monday, 10th August	Birr Town - St Brendan's Church	Ferbane (Gallen Community School)	09:00	16:00	22.0
Day 5 - Ferbane - Athlone Town (Distance - 23km)					
Tuesday, 11th August	Ferbane (Gallen Community School)	Athlone St Mary's Church	09:00	16:30	23.0
Day 6 - Athlone - Roscommon (Distance - 31km)					
Wednesday, 12th August	Athlone St. Mary's Church	Roscommon (The Square)	08:30	16:30	31.0
Day 7 - Roscommon Town - Ballymoe Village (Distance - 21km)					
Thursday, 13th August	Roscommon (The Square)	Ballymoe Village	08:30	15:30	21.0
Day 8 - Ballymoe Village - Ballyhaunis (Distance - 24km)					
Friday, 14th August	Ballymoe Village	Ballyhaunis Village	08:30	15:45	24.0
Day 9 - Ballyhaunis - Knock Shrine (Distance - 11km)					

Saturday, 15th August	Ballyhaunis Village	Knock Shrine	08:30	11:30	11.0
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