

197KM Thurles to Knock Walk in aid of Mary's Meals 7th - 15th August					
<i>Date</i>	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time</i>	<i>Distance (km)</i>
Day 1 - Thurles - Templemore (Distance - 22km)					
Thursday, 7th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Cathedral of the Assumption, Thurles	Templemore Arms Hotel	09:00	16:00	22
Day 2 - Templemore - Roscrea (Distance - 23km)					
Friday, 8th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Templemore Arms Hotel	Roscrea Town - St Cronan's Church	09:00	16:00	23.0
Day 3 - Roscrea - Birr (Distance - 21km)					
Saturday, 9th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Roscrea Town - St Cronan's Church	Birr Town - St Brendan's Church	09:00	15:30	21.0
Day 4 - Birr - Fermbane (Distance - 22km)					
Sunday, 10th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Birr Town - St Brendan's Church	Fermbane (Gallen Community School)	09:00	16:00	22.0
Day 5 - Fermbane - Athlone Town (Distance - 23km)					
Monday, 11th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Fermbane (Gallen Community School)	Athlone St Mary's Church	09:00	16:30	23.0
Day 6 - Athlone - Roscommon (Distance - 31km)					

Tuesday, 12th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time @pprox.</i>	<i>Distance Km</i>
	Athlone St. Mary's	Roscommon (The	08:30	16:30	29.0
Day 7 - Roscommon Town - Ballymoe Village (Distance - 21km)					
Wednesday, 13th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Roscommon (The Square)	Ballymoe Village	08:30	15:30	21.0
Day 8 - Ballymoe Village - Ballyhaunis (Distance - 24km)					
Thursday, 14th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Ballymoe Village	Ballyhaunis Village	08:30	15:45	24.0
Day 9 - Ballyhaunis - Knock Shrine (Distance - 11km)					
Friday, 15th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Ballyhaunis Village	Knock Shrine	08:30	11:30	11.0