

**190KM**

# Limerick to Knock Walk in aid of Mary's Meals 7th to 15th August 2025

<i>Date</i>	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>FinishTime</i>	<i>Distance ( km )</i>
<b>Day 1 - Limerick (Mary Magdalene Church) - Killaloe (Supervalu) (Distance - 23.9km)</b>					
Thursday, 7th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Limerick City	Killaloe	08:30	16:00	23.9
<b>Day 2 - Killaloe (West Lake Aqua Park) - Feakle (Peppers Pub) (Distance -25km)</b>					
Friday, 8th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Killaloe	Feakle	08:30	16:30	25.0
<b>Day 3 - Feakle (Peppers Pub) - St Patrick's Church Derrybrien (Distance - 24.4km)</b>					
Saturday, 9th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Feakle	Derrybrien	08:30	16:00	24.4
<b>Day 4 Derrybrien St Patrick Church- Loughrea (Lake Car Park) (Distance - 18.4km)</b>					
Sunday, 10th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Derrybrien	Loughrea	08:30	15:00	18.4
<b>Day 5 - Athenry Church of The Assumption - Galway (Eyre Sq) (Distance - 24Km)</b>					
Monday, 11th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Athenry	Galway	08:30	16:00	24.0

Day 6 - Galway (Renmore Church) - Abbeyknockmoy (Spar Shop) (Distance - 28.5km)					
Tuesday, 12th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Galway	Abbeyknockmoy	08:30	16:30	28.5
Day 7 - Abbeyknockmoy (Spar Shop) -Tuam (Cathedral) (Distance - 17km)					
Wednesday, 13th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Abbeyknockmoy	Tuam	08:30	14:30	17.0
Day 8 - Dunmore - Church of Our Lady and Saint Nicholas - Ballyhaunis Town Centre (Distance - 18km)					
Thursday, 14th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Dunmore	Ballyhaunis	08:30	15:00	18.0
Day 9 - St. Patrick's Church Ballyhaunis - Knock Shrine (Distance - 11km)					
Friday, 15th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Ballyhaunis	Knock Shrine	08:30	11:30	11.0