182KM	Limerick to	Knock Walk in	aid of Ma	ry's Meals 7th	to 15th				
August 2025									
Date	Start Point	End Point	Start Time	FinishTime	Distance ( <u>km</u> )				
Day 1 - Limerick (Mary Magdalene Church) - Killaloe (Supervalu) (Distance - 23.9km)									
Thursday, 7th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km				
	Limerick City	Killaloe	08:30	16:00	23.9				
Day 2 - Killaloe (West Lake Aqua Park) - Feakle (Peppers Pub) (Distance -25km)									
Friday, 8th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km				
	Killaloe	Feakle	08:30	16:30	25.0				
Day 3 - Feakle (Peppers Pub) - St Patrick's Church Derrybrien (Distance - 24.4km)									
Saturday, 9th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km				
	Feakle	Derrybrien	08:30	16:00	24.4				
Day 4 Walk around Loughrea Lake (Lake Car Park) (Distance - 10km)									
Sunday, 10th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km				
	Loughrea Lake	Loughrea Lake	08:30	12:00	10.0				

Day 5 - Athenry Church of The Assumption - Galway (Eyre Sq) (Distance - 24Km)								
Monday, 11th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
	Athenry	Galway	08:30	16:00	24.0			
Day 6 - Galway (Renmore Church) - Abbeyknockmoy (Spar Shop) (Distance - 28.5km)								
Tuesday, 12th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
	Galway	Abbeyknockmoy	08:30	16:30	28.5			
Day 7 - Abbeyknockmoy (Spar Shop) -Tuam (Cathedral) (Distance - 17km)								
Wednesday, 13th August	Start Point	End Point	Start Time	Finish Time	Distance Km			
	Abbeyknockmoy	Tuam	08:30	14:30	17.0			
Day 8 - Dunmore - Church of Our Lady and Saint Nicholas - Ballyhaunis Town Centre (Distance - 18km)								
Thursday, 14th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
	Dunmore	Ballyhaunis	08:30	15:00	18.0			
Day 9 - St. Patrick's Church Ballyhaunis - Knock Shrine (Distance - 11km)								
Friday, 15th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
	Ballyhaunis	Knock Shrine	08:30	11:30	11.0			