207KM	Kilkenny to Knock	Walk in aid of	Mary's N	leals 7th -	15th
Date	Start Point	End Point	Start Time	FinishTime	Distance (<u>km</u>)
Day 1 - The Church o	f Saint John The Evangelist	, Dublin Road, Kilkenny	to St Patrick	's Church Clog	n, Co Kilkenny
Thursday, 7th August	Start Point	End Point	Start Time	Finish Time	Distance Km
				(Approx.)	
	The Church of Saint John	St Patrick's Church,	09:00	15:30	25.5
	The Evangelist, Dublin	Clogh, Co. Kilkenny			
	Road, Kilkenny				
Day 2 - St Patrick's Church Clogh, County Kilkenny to Portlaoise (Main Street) (Distance - 2					
Friday, 8th August	Start Point	End Point	Start Time	Finish Time	Distance Km
				(Approx.)	
	St Patrick's Church Clogh,	Portlaoise (Main	08:30	16:00	25.0
	Co. Kilkenny	Street)			
Da	y 3 - Portlaoise (Main Stree	t) to Killeigh Village	(Distance	- 25.3km)	
Saturday,9th August	Start Point	End Point	Start Time	Finish Time	Distance Km
				(Approx.)	
	Market Square	Killeigh (Main Street)	08:30	16:30	25.3
	Portlaoise				
Day 4 - Killeigh Village to Clara		(Distance - 20km)			
Sunday, 10th August	Start Point	End Point	Start Time	Finish Time	Distance Km
				(Approx.)	
	Killeigh	Clara	08:30	15:30	20.0
	Day 5 - Clara to Athlone Town				•
	Day 5 - Clara to Athlone To	wn	(Distance - 2	26.5km)	
Monday, 11th August	Day 5 - Clara to Athlone To Start Point	wn End Point	(Distance - 2 Start Time	2 6.5km) Finish Time	Distance Km
		1	-	-	Distance Km
		1	-	Finish Time	Distance Km 26.5

	Day 6 - Athlone Town to I	(Distance - 29km)			
Tuesday, 12th August	Start Point	End Point	Start Time	Finish Time	Distance Km
				(Approx.)	
	Athlone (St. Mary's	Roscommon Town	08:30	16:30	29.0
	Church) via	Centre			
Day 7 - Roscommon Town to Ballymoe Village (Distance - 21km)					
Wednesday, 13th August	Start Point	End Point	Start Time	Finish Time	Distance Km
				(Approx.)	
	Roscommon Town	Ballymoe Village	08:30	15:30	21.0
Day	e - 24km)				
Thursday, 14th August	Start Point	End Point	Start Time	Finish Time	Distance Km
				(Approx.)	
	Ballymoe Village	Ballyhaunis	08:30	15:45	24.0
Day	9 - Ballyhaunis to Knock	(Distance - 11km)			
Friday, 15th August	Start Point	End Point	Start Time	Finish Time	Distance Km
				(Approx.)	
	Ballyhaunis	Knock Shrine	08:30	11:30	11.0