

236KM Dublin to Knock Walk in Aid of Mary's Meals 7th to 15th August 2025

<i>Date+2:29</i>	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>FinishTime</i>	<i>Distance (km)</i>
Day 1 - O'Connell St. Dublin to Maynooth (Distance - 25km)					
Thursday, 7th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Spire O'Connell Street	Chapelizod Village	09:00	10:45	6
	Chapelizod Village	Lucan Village Park	11:00	12:45	8.0
	Lucan Village Park	Maynooth Train Station	13:30	16:00	11.0
Day 2 - Maynooth, Co Kildare Train Station to River Boyne Aqueduct, Co Meath. Distance 31km					
Friday, 8th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Maynooth Train Station	Kilcock Village	09:00	10:15	6.0
	Kilcock Village	Enfield Village	10:30	13:00	13.0
	Enfield Village	River Boyne Aqueduct	13:30	16:00	12.0
Day 3 - River Boyne Aqueduct, Co Meath to Mullingar (Distance - 32km)					
Saturday, 9th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	River Boyne Aqueduct	Annascannon	09:00	12:00	16.0
	Annascannon	Mullingar (Joe Dolan Statue)	12:30	16:00	16.0
Day 4 - Mullingar to Abbeyshrule (Distance - 27km)					

Sunday, 10th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Mullingar (Joe Dolan Statue)	Ballynacarrigy	09:00	13:00	18.0
	Ballynacarrigy	Abbeysrule	13:30	15:30	9.0
Day 5 - Abbeysrule - Longford Town (Distance - 34km)					
Monday, 11th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Abbeysrule	Leavy's Kiltaffrey	09:00	12:30	15.0
	Leavy's Kiltaffrey	Longford (Cathedral)	13:00	17:00	19.0
Day 6 - Longford Town to Roscommon Town (Distance - 31km)					
Tuesday, 12th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Longford (Cathedral)	Lanesborough Village	08:30	13:00	16.0
	Lanesborough Village	Roscommon (The Square)	13:45	16:00	15.0
Day 7 - Roscommon Town to Ballymoe Village (Distance - 21km)					
Wednesday, 13th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Roscommon (The Square)	Ballymoe Village	08:30:00	15:30	21.0
Day 8 - Ballymoe Village - Ballyhaunis (Distance - 24km)					
Thursday, 14th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km

	Ballymoe Village	Ballinlough Village	08:30	12:45	15.0
	Ballinlough Village	Ballyhaunis Village	13:30	15:45	9.0
Day 9 - Ballyhaunis to Knock Shrine (Distance - 11km)					
Friday 15th August	Start point	End Point	Start point	Finish Time (Approx.)	Distance Km
	Ballyhaunis Village	Knock Shrine	08:30	11:30	11.0