

NI Feeder Walks in aid of Mary's Meals August 7th to 15th 2023

Saturday 22nd, July	Newry (Carnbane, Tow Path)	Poyntzpass	10:30	13:30	7
Sunday 30th, July	Poyntzpass (Petty Sessions)	Portadown (Tesco carpark)	10:00	14:00	9
Wednesday 2nd, August	Coalisland (Cornmill)	Dungannon (The Square)	19:00	20:30	4.3
Friday 4th, August	Dungannon (The Square)	Moy (The Square)	19:00	21:00	6.8
Sunday 6th, August	Moy (The Square)	Armagh (Mary's Meals Centre)	TBC	TBC	8.5

218KM Armagh to Knock walk in aid of Mary's Meals August 7th to 15th 2023

<i>Date</i>	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>FinishTime</i>	<i>Distance (km)</i>
Day 1 - Armagh to Castleblaney (Distance - 29km)					
Monday, 7th August	Armagh (Mary's Meals Centre)	Keady (Tommy Maken Centre)	08:30	11:30	13.0
	Keady (Tommy Maken Centre)	Castleblaney (Main St.)	12:30	16:30	16.0
Day 2 - Castleblaney to Cootehill (Distance - 27km)					
Tuesday, 8th August	Castleblaney (Cosy Cafe)	Ballybay	08:30	11:15	11.3
	Ballybay	Cootehill (White Horse Hotel)	12:15	16:00	15.6
Day 3 - Cootehill to Cavan (Distance - 23km)					
Wednesday, 9th August	Cootehill (White Horse Hotel)	Cavan (Market Square)	08:30	16:00	23.0
Day 4 - Cavan to Granard (Distance - 26.7km)					
Thursday, 10th August	Cavan Town (Corlurgan Business park)	Granard (Greville Arms)	08:30	16:30	26.7
Day 5 - Grandard to Longford (Distance - 25.8km)					
Friday, 11th August	Granard (Greville Arms)	Longford (Cathedral)	08:30	16:15	25.8
Day 6 - Longford to Roscommon (Distance - 30.8km)					
Staurday, 12th August	Longford (Cathedral)	Lanesborough Village	08:30	12:15	15.8
	Lanesborough Village	Roscommon (The Square)	13:15	16:30	15.0
Day 7 - Roscommon to Ballymoe (Distance - 21km)					
Sunday, 13th August	Roscommon (The Square)	Ballymoe Village	08:30	13:30	21.0

Day 8 - Ballymoe to Ballyhaunis (Distance - 24km)					
Monday, 14th August	Ballymoe Village	Ballyhaunis	08:30	14:30	24.0
Day 9- Ballyhaunis to Knock (Distance - 11.4km)					
Tuesday, 15th August	Ballyhaunis Village	Knock	08:30	11:15	11.0