190km	Lime	erick to Knock \	Walk in aid	of Mary's Meals 7th to 15th August	2023			
Date	Start Point	End Point	Start Time	FinishTime	Distance (<u>km</u>)			
	Day 1 - Limei	rick (Mary Magdale	ene Church) -	Killaloe (Supervalu) (Distance - 23.9km)				
Monday,7th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
	Limerick City	Killaloe	08:30	16:00	23.9			
Day 2 - Killaloe (West Lake Aqua Park) - Feakle (Peppers Pub) (Distance -25km)								
Tuesday, 8th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
	Killaloe	Feakle	08:30	16:30	25.0			
	Day 3 - Feak	de (Peppers Pub) -	St Patrick's Ch	nurch Derrybrien (Distance - 24.4km)				
Wednesday, 9th	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
August	Feakle	Derrybrien	08:30	16:00	24.4			
	Day 4 Derr	ybrien St Patrick C	hurch- Lough	rea (Lake Car Park) (Distance - 18.4km)				
Thursday, 10th	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
August	Derrybrien	Loughrea	08:30	15:00	18.4			
Day 5 - Athenry Church of The Assumption - Galway (Eyre Sq) (Distance - 24Km)								
Friday, 11th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			
	Athenry	Galway	08:30	16:00	24.0			
Day 6 - Galway (Renmore Church) - Abbeyknockmoy (Spar Shop) (Distance - 28.5km)								
Saturday,12th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km			

	Galway	Abbeyknockmoy	08:30	16:30	28.5				
Day 7 - Abbeyknockmoy (Spar Shop) -Tuam (Cathedral) (Distance - 17km)									
Sunday,13th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km				
	Abbeyknockmoy	Tuam	08:30	14:30	17.0				
Day 8 - Dunmore - Church of Our Lady and Saint Nicholas - Ballyhaunis Town Centre (Distance - 18km)									
Monday, 14th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km				
	Dunmore	Ballyhaunis	08:30	15:00	18.0				
Day 9 - St. Patrick's Church Ballyhaunis - Knock Shrine (Distance - 11km)									
Tuesday, 15th August	Start Point	End Point	Start Time	Finish Time (Approx.)	Distance Km				
	Ballyhaunis	Knock Shrine	08:30	11:30	11.0				