

130KM Enniskillen to Knock walk in aid of Mary's Meals August 7th to 15th 2023

<i>Date</i>	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time</i>	<i>Distance (km)</i>
Day 1 - Enniskillen to Blacklion (Distance - 19.6km)					
Monday, 7th August	Start point	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Enniskillen	Blacklion	10:30	14:00	19.6
Day 2 - Blacklion to Manorhamilton (Distance - 21.3km)					
Tuesday, 8th August	Start point	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Blacklion	Manorhamilton	10:30	13:30	21.3
Day 3 - Manorhamilton to Glencar Waterfalls (Distance - 14.1km)					
Wednesday, 9th August	Start point	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Manorhamilton	Glencar Waterfalls	10:30	13:00	14.1
Day 4 Glencar Waterfalls to Sligo Town - (Distance - 12.7km)					
Thursday, 10th August	Start point	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Glencar Waterfalls	Sligo Town	11:00	14:00	12.7
Day 5 - Sligo Town to Ballincarrow (Distance - 19.1km)					
Friday, 11th August	Start point	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Sligo Town	Ballincarrow	11:00	14:00	19.1

Day 6 - Ballincarrow to Tubbercurry (Distance - 15.2km)					
Saturday,12th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Ballincarrow	Tubbercurry	11:00	14:00	15.2
Day 7 - Tubbercurry to Charlestown (Distance - 12.1km)					
Sunday,13th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Tubbercurry	Charlestown	11:00	13:30	12.1
Day 8 - Charlestown to Kilkelly (Distance - 13.2km)					
Monday, 14th August	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Charlestown	Kilkelly	11:00	13:00	13.2
Day 9 - Kilkelly - Knock Shrine (Distance - 10.4km)					
Tuesday, 15th August	Start point	End Point	Start point	Finish Time (Approx.)	Distance Km
	Kilkelly Village	Knock Shrine	08:30	11:00	10.4