

211km Kilkenny to Knock Walk in aid of Mary's Meals					
Day 1 - Kilkenny City - Castlecommer - Clogh Walk (Distance - 27.5km)					
Saturday 7th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	St Mary's Cathedral Kilkenny	St Patrick's Church Clogh	08:30	16:00	27.5km
Day 2 - Clogh - Portlaoise (Distance - 25km)					
Sunday 8th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	St Patrick's	Market	08:30	16:30	25.0
Day 3 - Portlaoise - Killeigh Village (Distance - 25.3km)					
Monday 9th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Market	Killeigh Post	08:30	16:30	25.3
Day 4 - Killeigh Village - Cara (Distance - 20km)					
Tuesday 10th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Killeigh Post	Clara Village	08:30	15:30	20.0
Day 5 - Clara - Athlone Town (Distance - 26.5km)					
Wednesday 11th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Clara Village	SS Peter &	08:30	16:30	26.5
Day 6 - Athlone Town - Roscommon (Distance - 31km)					
Thursday 12th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	SS Peter &	Roscommon	08:30	16:30	31.0
Day 7 - Roscommon Town - Ballymoe Village (Distance - 21km)					
Friday 13th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Roscommon	Ballymoe	08:30	15:30	21.0
Day 8 - Ballymoe Village - Ballyhaunis (Distance - 24km)					
Saturday 14th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Ballymoe	Ballyhaunis	08:30	15:45	24.0
To Be confirmed Day 9 - Ballyhaunis - Knock Shrine (Distance - 11.0km)					
Sunday 15th August	<i>Start Point</i>	<i>End Point</i>	<i>Start Time</i>	<i>Finish Time (Approx.)</i>	<i>Distance Km</i>
	Ballyhaunis Village	Knock Shrine	08:30	11:30	11.0