

## 211KM Dublin to Knock Walk in Aid of Mary's Meals (7-15th August 2021)

### Day 1 - O'Connell St. Dublin to Maynooth (Distance - 25km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
	Saturday 7th August	Spire O'Connell Street	Chapelizod Village	08:30:00	10:45:00
Chapelizod		Lucan Village	11:00:00	12:45:00	8.0
Lucan Village		Leixlip (Intel)	13:30:00	14:30:00	5.0
Leixlip (Intel Entrance)		Maynooth University (South)	14:45:00	16:00:00	6.0

### Day 2 - Maynooth, Co Kildare Train Station to Hill of the Down Bridge, Co Meath. Distance 33km

	Start point	End Point	Start	Finish	Distance Km
Sunday 8th August	Maynooth Train Station	Kilcock Village	08:30	10:15	6.0
	Kilcock Village	Enfield Village	10:30	12:30	11.0
	Enfield Village	Hill of the Down	13:30	16:30	17.0

### Day 3 - Clonard Church to Mullingar (Distance - 26km)

	Start point	End Point	Start	Finish	Distance Km
Monday 9th August	Clonard	Kinnegad	08:30	10:45	6.0
	Kinnegad Village	Mary Lynch's Pub (Canal Walk)	11:00	12:30	7.0
	Mary Lynch's Pub (Canal)	Mullingar (Joe Dolan Statue)	13:00	16:00	13.0

### Day 4 - Mullingar to Rathowen (Distance - 21km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Tuesday 10th August	Mullingar (Joe)	N4 Crosses	08:30	12:30	10.5
	N4 Crosses	Rathowen	13:00	15:30	10.5

### Day 5 - Rathowen - Longford Town (Distance - 21km)

	Start point	End Point	Time	Time	Distance Km
Wednesday 11th August	Rathowen	Edgeworthstown	09:30	11:45	8.5
	Edgeworthstown Village	Longford (Cathedral)	12:30	15:30	12.5

### Day 6 - Longford Town to Roscommon Town (Distance - 31km)

	Start point	End Point	Start	Finish	Distance Km
Thursday 12th August	Longford (Cathedral)	Lanesborough Village	08:30	13:00	16.0
	Lanesborough Village	Roscommon (The Square)	13:45	16:00	15.0

### Day 7 - Roscommon Town to Ballymoe Village (Distance - 21km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Friday 13th August	Roscommon (The Square)	Ballymoe Village	08:30:00	15:30	21.0

### Day 8 - Ballymoe Village - Ballyhaunis (Distance - 24km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Saturday 14th August	Ballymoe Village	Ballinlough Village	08:30	12:45	15.0
	Ballinlough Village	Ballyhaunis Village	13:30	15:45	9.0

### To Be confirmed Day 9 - Ballyhaunis to Knock Shrine (Distance - 11km)

	Start point	End Point	Start point	Finish Time (Approx.)	Distance Km
Sunday 15th August	Ballyhaunis Village	Knock Shrine	08:30	11:30	11.0