

211KM Dublin to Knock Walk in Aid of Mary's Meals (7-15th August 2021)

Day 1 - O'Connell St. Dublin to Maynooth (Distance - 25km)

| | Start point | End Point | Start Time | Finish Time (Approx.) | Distance Km |
|---------------------|-----------------------------|-----------------------------|------------|-----------------------|-------------|
| Saturday 7th August | Spire O'Connell Street | Chapelizod Village | 08:30:00 | 10:45:00 | 6 |
| | Chapelizod Village | Lucan Village (Post Office) | 11:00:00 | 12:45:00 | 8.0 |
| | Lucan Village (Post Office) | Leixlip (Intel Entrance) | 13:30:00 | 14:30:00 | 5.0 |
| | Leixlip (Intel Entrance) | Maynooth University (South) | 14:45:00 | 16:00:00 | 6.0 |

Day 2 - Maynooth, Co Kildare Train Station to Hill of the Down Bridge, Co Meath. Distance 33km

| | Start point | End Point | Start Time | Finish Time (Approx.) | Distance Km |
|-------------------|------------------------|-------------------------|------------|-----------------------|-------------|
| Sunday 8th August | Maynooth Train Station | Kilcock Village | 08:30 | 10:15 | 6.0 |
| | Kilcock Village | Enfield Village | 10:30 | 12:30 | 11.0 |
| | Enfield Village | Hill of the Down Bridge | 13:30 | 16:30 | 17.0 |

Day 3 - Clonard Church to Mullingar (Distance - 26km)

| | Start point | End Point | Start Time | Finish Time (Approx.) | Distance Km |
|-------------------|-------------------------------|-------------------------------|------------|-----------------------|-------------|
| Monday 9th August | Clonard | Kinnegad Village | 08:30 | 10:45 | 6.0 |
| | Kinnegad Village | Mary Lynch's Pub (Canal Walk) | 11:00 | 12:30 | 7.0 |
| | Mary Lynch's Pub (Canal Walk) | Mullingar (Joe Dolan Statue) | 13:00 | 16:00 | 13.0 |

Day 4 - Mullingar to Rathowen (Distance - 21km)

| | Start point | End Point | Start Time | Finish Time (Approx.) | Distance Km |
|---------------------|------------------------------|--------------------|------------|-----------------------|-------------|
| Tuesday 10th August | Mullingar (Joe Dolan Statue) | N4 Crosses Railway | 08:30 | 12:30 | 10.5 |
| | N4 Crosses Railway | Rathowen | 13:00 | 15:30 | 10.5 |

Day 5 - Rathowen - Longford Town (Distance - 21km)

| | Start point | End Point | Start Time | Finish Time (Approx.) | Distance Km |
|-----------------------|------------------------|------------------------|------------|-----------------------|-------------|
| Wednesday 11th August | Rathowen | Edgeworthstown Village | 09:30 | 11:45 | 8.5 |
| | Edgeworthstown Village | Longford (Cathedral) | 12:30 | 15:30 | 12.5 |

Day 6 - Longford Town to Roscommon Town (Distance - 31km)

| | Start point | End Point | Start Time | Finish Time (Approx.) | Distance Km |
|----------------------|----------------------|------------------------|------------|-----------------------|-------------|
| Thursday 12th August | Longford (Cathedral) | Lanesborough Village | 08:30 | 13:00 | 16.0 |
| | Lanesborough Village | Roscommon (The Square) | 13:45 | 16:00 | 15.0 |

Day 7 - Roscommon Town to Ballymoe Village (Distance - 21km)

| | Start point | End Point | Start Time | Finish Time (Approx.) | Distance Km |
|--------------------|------------------------|------------------|------------|-----------------------|-------------|
| Friday 13th August | Roscommon (The Square) | Ballymoe Village | 08:30:00 | 15:30 | 21.0 |

Day 8 - Ballymoe Village - Ballyhaunis (Distance - 24km)

| | Start point | End Point | Start Time | Finish Time (Approx.) | Distance Km |
|----------------------|---------------------|---------------------|------------|-----------------------|-------------|
| Saturday 14th August | Ballymoe Village | Ballinlough Village | 08:30 | 12:45 | 15.0 |
| | Ballinlough Village | Ballyhaunis Village | 13:30 | 15:45 | 9.0 |

Please Note Mass is in Ballyhaunis at 1pm Day 9 - Ballyhaunis to Knock Shrine (Distance - 11km)

| | Start point | End Point | Start point | Finish Time (Approx.) | Distance Km |
|--------------------|---------------------|--------------|-------------|-----------------------|-------------|
| Sunday 15th August | Ballyhaunis Village | Knock Shrine | 08:30 | 11:30 | 11.0 |