

218km Armagh to Knock Walk in aid of Mary's Meals (7th - 15th August 2020)

++Coalisland and Lurgan Link walks to Armagh starting Friday 31st July

	Start point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
Starting Friday 31st July 2020	Coalisland - The Cornmill	Dungannon - Square	31/07/2020	19:00	20:30	6.4
	Dungannon - Square	Moy - Square	04/08/2020	19:00	21:00	10.4
	Moy - Square	Armagh - Mary's Meals Dobbin Str	06/08/2020	12:45	16:00	14.3
	Lurgan (St Paul's)	Armagh - Mary's Meals Dobbin Str	06/08/2020	08:30	16:00	25.0
Day 1 - Armagh Mary's Meals Dobbin Street - Castleblayney Main St (Cozy Café) (Distance - 28km)						
Friday 7th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Armagh - Mary's Meals Dobbin Str	Castleblayney - Main St (Cozy Café)	07/08/2020	08:30	16:30	28.0
Day 2 - Castleblayney Main St (Cozy Café)- White Horse Hotel Coothecill (Distance - 26.5km)						
Saturday 8th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Castleblayney - Main St (Cozy Café)	Ballybay	08/08/2020	08:30	12:00	26.5
	Ballybay	Coothecill - White Horse Hotel	08/08/2020	13:00	16:30	
Day 3 - Coothecill White Horse Hotel - Cavan Cathedral (Distance - 23km)						
Sunday 9th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Coothecill - White Horse Hotel	Cavan Town	09/08/2020	08:30	16:00	23.0
Day 4 - Cavan Cathedral - Greville Arms Hotel Granard (Distance - 28km)						
Monday 10th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Cavan Town	Granard	10/08/2020	08:30	16:30	28.0
Day 5 - Greville Arms Hotel Granard - Longford Cathedral (Distance - 25km)						
Tuesday 11th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Granard	Longford	11/08/2020	08:30	16:30	25.5
Day 6 - Longford Cathedral - Roscommon Town Square (Distance - 31km)						
Wednesday 12th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Longford (Cathedral)	Lanesborough Village	12/08/2020	08:30	13:00	16.0
	Lanesborough Village	Roscommon (The Square)	12/08/2020	13:45	16:30	15.0
Day 7 - Roscommon Town - Ballymoe Village (Distance - 21km)						
Thursday 13th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Roscommon (The Square)	Ballymoe Village	13/08/2020	08:30	15:30	21.0
Day 8 - Ballymoe Village - Ballyhaunis (Distance - 24km)						
Friday 14th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Ballymoe Village	Ballinlough Village	14/08/2020	08:30	12:45	15.0
	Ballinlough Village	Ballyhaunis Village	14/08/2020	13:30	16:00	9.0
Day 9 - Ballyhaunis - Knock Shrine (Distance - 11km)						
Saturday 15th August 2020	Start Point	End Point	Date	Start Time	Finish Time (Approx.)	Distance Km
	Ballyhaunis Village	Knock Shrine	15/08/2020	08:30	11:30	11.0

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