

130KM Enniskillen to Knock walk in aid of Mary's Meals August 7th to 15th 2022

Day 1 - Enniskillen to Blacklion (Distance - 19.6km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Sunday 7th August	Enniskillen	Blacklion	10:30	14:00	19.6

Day 2 - Blacklion to Manorhamilton (Distance - 21.3km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Monday, 8th August	Blacklion	Manorhamilton	10:30	13:30	21.3

Day 3 - Manorhamilton to Glencar Waterfalls (Distance - 14.1km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Tuesday, 9th August	Manorhamilton	Glencar Waterfalls	10:30	13:00	14.1

Day 4 Glencar Waterfalls to Sligo Town - (Distance - 12.7km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Wednesday, 10th August	Glencar Waterfalls	Sligo Town	11:00	14:00	12.7

Day 5 - Sligo Town to Ballincarrow (Distance - 19.1km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Thursday, 11th August	Sligo Town	Ballincarrow	11:00	14:00	19.1

Day 6 - Ballincarrow to Tubbercurry (Distance - 15.2km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Friday 12th August	Ballincarrow	Tubbercurry	11:00	14:00	15.2

Day 7 - Tubbercurry to Charlestown (Distance - 12.1km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Saturday, 13th August	Tubbercurry	Charlestown	11:00	13:30	12.1

Day 8 - Charlestown to Kilkelly (Distance - 13.2km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Sunday, 14th August	Charlestown	Kilkelly	11:00	13:00	13.2

Day 9 - Kilkelly - Knock Shrine (Distance - 10.4km)

	Start point	End Point	Start point	Finish Time (Approx.)	Distance Km
Monday, 15th August	Kilkelly Village	Knock Shrine	08:30	11:00	10.4