

## 211KM Dublin to Knock Walk in Aid of Mary's Meals (7-15th August 2022)

### Day 1 - O'Connell St. Dublin to Maynooth (Distance - 25km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Sunday 7th August	Spire O'Connell Street	Chapelizod Village	09:00	10:45	6
	Chapelizod Village	Lucan Village Park	11:00	12:45	8.0
	Lucan Village Park	Maynooth Train Station	13:30	16:00	11.0

### Day 2 - Maynooth, Co Kildare Train Station to River Boyne Aqueduct, Co Meath. Distance 31km

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Monday, 8th August	Maynooth Train Station	Kilcock Village	09:00	10:15	6.0
	Kilcock Village	Enfield Village	10:30	13:00	13.0
	Enfield Village	River Boyne Aqueduct	13:30	16:00	12.0

### Day 3 - River Boyne Aqueduct, Co Meath to Mullingar (Distance - 32km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Tuesday, 9th August	River Boyne Aqueduct	Annascannon	09:00	12:00	16.0
	Annascannon	Mullingar (Joe Dolan Statue)	12:30	16:00	16.0

### Day 4 - Mullingar to Abbeyshrule (Distance - 27km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Wednesday, 10th August	Mullingar (Joe Dolan Statue)	Ballynacarrigy	08:30	13:00	18.0
	Ballynacarrigy	Abbeyshrule	13:30	15:30	9.0

### Day 5 - Abbeyshrule - Longford Town (Distance - 34km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Thursday, 11th August	Abbeyshrule	Leavy's Kiltaffrey	09:00	12:30	15.0
	Leavy's Kiltaffrey	Longford (Cathedral)	13:00	17:00	19.0

### Day 6 - Longford Town to Roscommon Town (Distance - 31km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Friday, 12th August	Longford (Cathedral)	Lanesborough Village	08:30	13:00	16.0
	Lanesborough Village	Roscommon (The Square)	13:45	16:00	15.0

### Day 7 - Roscommon Town to Ballymoe Village (Distance - 21km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Saturday, 13th August	Roscommon (The Square)	Ballymoe Village	08:30:00	15:30	21.0

### Day 8 - Ballymoe Village - Ballyhaunis (Distance - 24km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Sunday, 14th August	Ballymoe Village	Ballinlough Village	08:30	12:45	15.0
	Ballinlough Village	Ballyhaunis Village	13:30	15:45	9.0

### Day 9 - Ballyhaunis to Knock Shrine (Distance - 11km)

	Start point	End Point	Start Time	Finish Time (Approx.)	Distance Km
Monday, 15th August	Ballyhaunis Village	Knock Shrine	08:30	11:30	11.0