

### Feeder Walks in aid of Mary's Meals 2022

Date	Start Point	End Point	Start Time	FinishTime	Distance ( miles )
<b>Day 1 - Dungannon to Moy (Distance - 6.8 miles)</b>					
Friday, 29th July	Coalisland (Cornmill)	Dungannon (The Square)	19:00	20:30	4.3
Monday, 1st August	Dungannon (The Square)	Moy (The Square)	19:00	21:00	6.8
Saturday, 6th August	Moy (The Square)	Armagh (Mary's Meals Centre)	12:45	16:00	8.5
<b>Day 2 - Portadown to Armagh (Distance - 11.0 miles)</b>					
Saturday, 23rd July	Newry (Carnbane, Tow Path)	Poyntzpass	10:30	13:30	7.0
Saturday, 30th July	Poyntzpass (Petty Sessions)	Portadown (Tesco carpark)	10:30	14:15	9.0
Saturday, 6th August	Portadown (Tesco carpark)	Armagh (Mary's Meals Centre)	11:00	16:00	11.0
<b>Day 3 - Portadown to Armagh (Distance - 11.0 miles)</b>					
Wednesday, 3rd August	Lurgan (St Pauls)	Portadown (Tesco carpark)	19:00	20:45	5.0
Saturday, 6th August	Portadown (Tesco carpark)	Armagh (through Richhill)	11:00	16:00	11.0

### 218KM Armagh to Knock walk in aid of Mary's Meals August 7th to 15th 2022

Date	Start Point	End Point	Start Time	FinishTime	Distance ( km )
<b>Day 1 - Armagh to Castleblaney (Distance - 29km)</b>					
Sunday, 7th August	Armagh (Mary's Meals Centre)	Keady (Tommy Maken Centre)	08:30	11:30	13.0
	Keady (Tommy Maken Centre)	Castleblaney (Main St.)	12:30	16:30	16.0
<b>Day 2 - Castleblaney to Cootehill (Distance - 27km)</b>					
Monday, 8th August	Castleblaney (Cosy Cafe)	Ballybay	08:30	11:15	11.3
	Ballybay	Cootehill (White Horse Hotel)	12:15	16:00	15.6
<b>Day 3 - Cootehill to Cavan (Distance - 23km)</b>					
Tuesday, 9th August	Cootehill (White Horse Hotel)	Cavan Town (Market Square)	08:30	16:00	23.0
<b>Day 4 - Cavan to Granard (Distance - 26.7km)</b>					
Wednesday, 10th August	Cavan Town (Corlurgan Business park)	Granard (Greville Arms)	08:30	16:30	26.7
<b>Day 5 - Grandard to Longford (Distance - 25.8km)</b>					
Thursday, 11th August	Granard (Greville Arms)	Longford (Cathedral)	08:30	16:15	25.8
<b>Day 6 - Longford to Roscommon (Distance - 30.8km)</b>					
Friday, 12th August	Longford (Cathedral)	Lanesborough Village	08:30	12:15	15.8
	Lanesborough Village	Roscommon (The Square)	13:15	16:30	15.0
<b>Day 7 - Roscommon to Ballymoe (Distance - 21km)</b>					
Saturday, 13th August	Roscommon (The Square)	Ballymoe Village	08:30	13:30	21.0
<b>Day 8 - Ballymoe to Ballyhaunis (Distance - 24km)</b>					
Sunday 14th August	Ballymoe Village	Ballyhaunis	08:30	14:30	24.0
<b>Day 9- Ballyhaunis to Knock (Distance - 11.4km)</b>					
Monday 15th August	Ballyhaunis Village	Knock	08:30	11:15	11.4