

Mary's Meals - Who We Are

The Mary's Meals campaign was initiated by a Scottish charity (Scottish International Relief) in Malawi in 2002. Magnus MacFarlane-Barrow, the charity Director, met a young woman called Emma who was dying from AIDS. She was sitting on the mud-floor of her hut surrounded by her children. He asked her oldest son, a boy of about 14, what his dreams were in life.

"To have enough food to eat and to go to school one day,"

was his stark reply. This encounter inspired the Mary's Meals campaign. Today the movement is providing 350 000 children with a daily meal in their place of education. Malawi is Mary's Meals main focus but there are also projects in: India, Philippines, Thailand, Burma (Myanmar), Romania, Ukraine, Albania, Bosnia-Herzegovina, Uganda, Liberia, Kenya, Sudan, Zambia, and Haiti.

Your donations are currently providing 350 000* daily meals in school for children living in poverty. Thank you!

**correct at Feb'09.*

Check www.marysmeals.org for latest figures

Mary's Meals depends on a series of little acts of kindness made by people around the world.

€10 will provide a child in with Mary's Meals for a year!

To find out more about Mary's Meals please contact us:

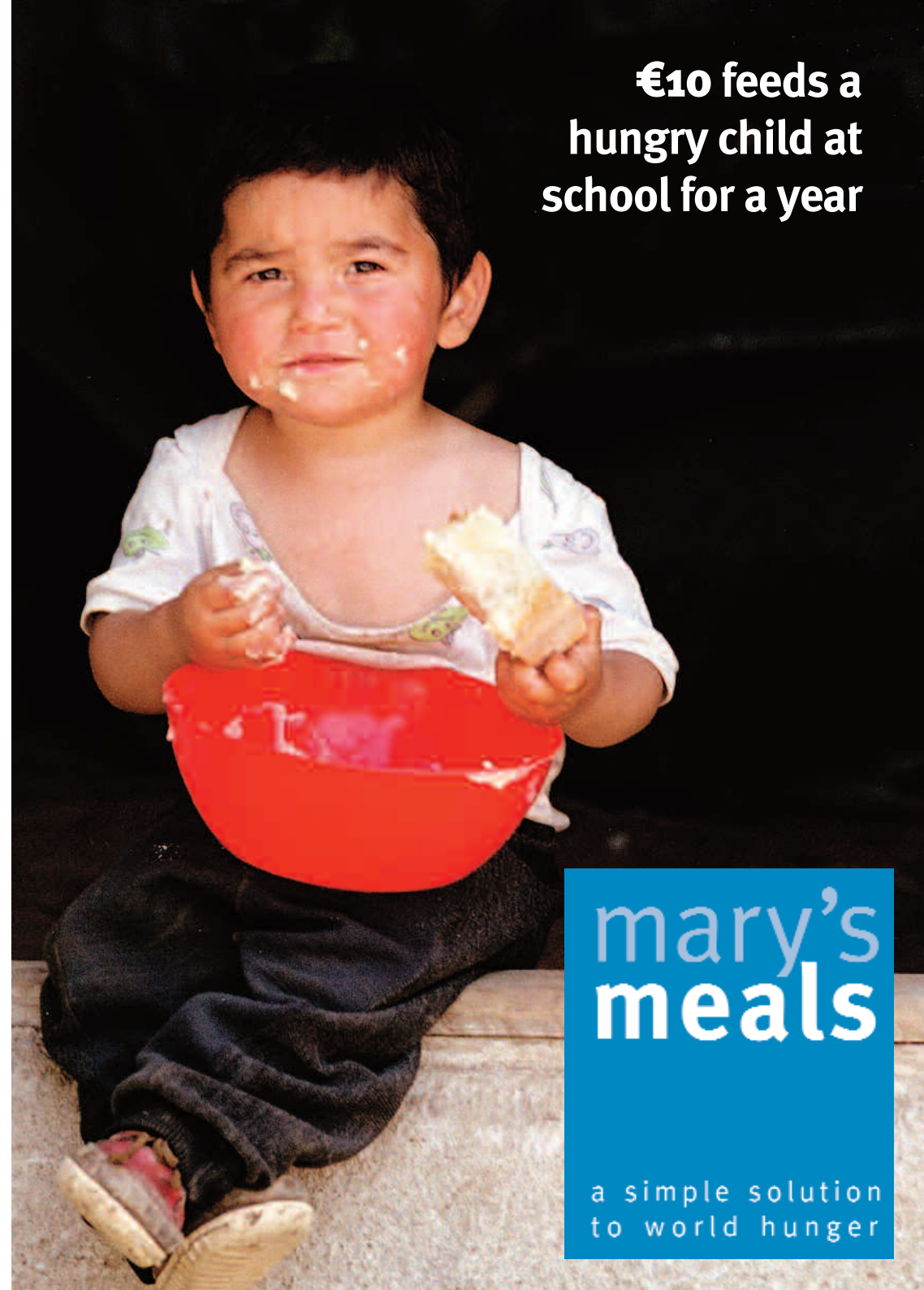
Mary's Meals Ireland

Call: +353(0)719620175 / +353(0)873623996 Email: info@marysmeals.ie

Visit: www.marysmeals.ie

Mary's Meals Ireland, The Presbytery, Gowel, Carrick-on-Shannon, Co. Leitrim
Charity Number: CHY 16897

€10 feeds a hungry child at school for a year



mary's
meals

a simple solution
to world hunger

The Problem

300 million hungry children in a world where there is enough food for everyone. 100 million of these children do not go to school. They work instead.

They might have to labour in a sugar cane plantation in India, work as a street vendor in Philippines or care for younger brothers and sisters in Uganda so that their family can earn a living. The problem is that these vulnerable children miss out an education. And an education is their best hope of one day escaping from chronic poverty.

A Solution

Mary's Meals is a movement to set up school feeding projects in communities where poverty and hunger stop children from gaining an education.

Mary's Meals provides poor children with a daily meal in school.

A Daily Meal In School = A Brighter Future

✓ Better School Attendance

Mary's Meals draws children to the class room every day. Impoverished families are glad to send their children to school knowing that they will receive a meal there.

✓ More Girls Going to School

Girls from poor backgrounds are more likely to miss out on school than boys. Mary's Meals encourages parents to send their daughters to school as well as their sons.

✓ Improved Concentration/Better Grades

Hungry children are tired and more likely to get sick. Mary's Meals removes their hunger pangs and leaves them able to listen and learn. They are more likely to pass their exams and go on to further education or find employment.

✓ Strengthening Local Communities

At every stage of the project, Mary's Meals depends on the involvement of the local community. Local volunteers cook the food and serve the meals.

The Vision

We believe there are enough people of good will to realise our dream of one day providing every needy child with a meal in their place of education.

"I do not worry about being hungry anymore because the porridge is filling..."
Cosmas Mvakaleya, Standard 7 pupil
at Ntambanyama Primary School, Malawi

I would like to support Mary's Meals

Title	Initials	Surname
Address		
		Postcode
Telephone	Email	

Single Gift

I enclose a donation €

Please make cheques payable to, Mary's Meals and send to address below.

Regular Gift

I would like to donate by Standing Order

€ monthly quarterly annually

Please complete the following form.

Standing Order Instruction

To: The Manager	Bank/Building Society
Address	
Postcode	

Please pay Mary's Meals the sum of € _____ (in words) _____
monthly/quarterly/annually (delete as appropriate) starting on ___/___/___ (at least 3
weeks from date of signature) until further notice.

Name of account holder(s)	
Bank Sort Code <input type="text"/>	Bank/Building Society acc. no. <input type="text"/>
Signature(s)	
Date	

Our Bank Details

Bank Name: Bank of Ireland
Bank Address: Carrick-on-Shannon, Co. Leitrim
Account Number: 16571078 Sort Code: 90-53-36
IBAN: IE19 BOFI 9053 3616 5710 78
Bank ID Code: BOFIE 2D

For office use only:
Form Reference _____

Please send to:

Mary's Meals Ireland, The Presbytery, Gowel, Carrick-on-Shannon, Co Leitrim

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Mary's Meals

a daily meal in school for the world's poorest children